

Simply Better Skin

February Newsletter



News From Your Esty

Here we go again! Last Monday, our governor allowed personal service businesses to reopen! But on Tuesday, I received an email from the Los Angeles County Health Department stating they would issue their own orders by Friday. And, as I predicted, those orders included prohibiting personal services that require the removal of a face mask.

So yes, Simply Better Skin is open, but only for brow waxing. The good news is that rates are falling, the outlook is improving, and I am still hoping to be fully reopened in March.

As always, I continue to stock products from Control Corrective, Ayur-Medic, and Eve Taylor. Additionally, I have samples or can make samples for most products I carry so if you would like to try something new, please just ask me.

Looking forward to servicing your skin care needs.

Be well,

Judy Rivera

Aesthetician

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Finally, I have a treatment plan for microcysts!

New Products

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This Month's Featured Product: Serums

All serums are 20% off during the month of February 2021



Success With Microcysts!

Finally, I have had success in safely removing a microcyst! Over the holidays, I acquired a pesky little microcyst and like all microcysts, it was driving me crazy!

Most often appearing on the chin, these hormonal microcysts tend to begin in women around the age of 40, even if they have never experienced a microcyst before.

Microcysts are small, bacteria filled cysts that appear on the surface of skin as a rounded, red lesion with no head. The presence of bacteria triggers the body's immune response which results in swelling under the skin's surface and the redness seen on the skin's surface. It is the swelling that makes microcysts so unbearably uncomfortable.

Even more frustrating is that they can last for what seems like weeks, they



This Month's Featured Product: Serums!

Serums are a combination of concentrated ingredients that focus on one or two areas of concern. They often provide quick and noticeable results. Serums treat many varying skin concerns such as dead skin build up, sluggishness, and dehydration.

Here are some ways to improve the appearance and function of your skin with serums:

Need some exfoliation? Try Smoothing Repair Gel. With a combination of Glycolic and Lactic acids, this serum aides in sloughing off dead skin and revealing lighter, brighter skin that lies just underneath the surface.

Looking a little dull? Try Crystal C Serum. This Vitamin C serum aides in brightening. Or try Retinol C Serum, my personal favorite! Retinol, a Vitamin A derivative, encourages your skin to make new cells at a faster rate. The new, younger, healthier cell rise to the surface while older cells slough off. It also contains Vitamin C, aiding in brightening.

rarely come to a head, and often do not respond to usual acne treatments. Worse than that, if microcysts are improperly extracted, melanocyte cells that lie not far beneath the skin's surface, can easily be killed off resulting in hypopigmentation which cannot be corrected.

Now onto the good news! I now have a treatment plan for microcysts. It includes steps that you will need to take at home over the course of about three days followed by a quick visit with me. Pressure will be relieved, the microcyst will heal quickly, and there will be no scarring or hypopigmentation.

If you develop a microcyst that you just cannot leave to heal on its own, don't pick at it! Text me right away!.

Is your skin feeling dry? Try Cellular Repair or C Defense. Cellular Repair Serum contains hyaluronic acid, a super strong humectant, which helps to keep moisture in your skin. C Defense is infused with both Vitamin C for brightening, and hyaluronic acid for moisture retention.

Not sure what's right for your skin? Just ask me! And don't forget all serums are 20% off during the month of February !

New Products

Ayur-Medic Collage III Serum

This powerful Collagen III serum is formulated with Depalmitoyl Hydroxyproline (ASC 111) which helps to increase firmness and hydration in mature skin. Appropriate for all skin types.

Eve Taylor Q10 Serum with Peptides

Q10 has exceptional antioxidant properties and can effectively counteract free radical damage including the loss of collagen and elastin.